

# Lipid Disorder Training REGISTRATION

Minifellowships: ☐ October 18–20, 2018

Updates: ☐ December 1, 2018

- ☐ \$300 Physicians  
☐ \$150 Pharmacists, Nurses, Dietitians  
☐ \$150 Physicians  
☐ \$75 Pharmacists, Nurses, Dietitians

Registrant's Name \_\_\_\_\_  
☐ MD ☐ DO ☐ RN ☐ PharmD ☐ RD ☐ Other Specialty \_\_\_\_\_  
 Company Name \_\_\_\_\_  
 Mailing Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Work Tel (    ) \_\_\_\_\_ Fax (    ) \_\_\_\_\_  
 E-mail \_\_\_\_\_ Birthday: \_\_\_\_\_ month \_\_\_\_\_ day \_\_\_\_\_ XX

Payment method is a check or money order payable to Gladstone Institutes. To pay by credit card, please visit [www.gladstoneinstitutes.org/u/tbersot/ldtp.html](http://www.gladstoneinstitutes.org/u/tbersot/ldtp.html) and check out as a guest on PayPal.

## CONTINUING MEDICAL EDUCATION

### Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and the Gladstone Institute of Cardiovascular Disease. AKH Inc., Advancing Knowledge in Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

AKH Inc., Advancing Knowledge in Healthcare designates these live activities for a maximum of 16.5 *AMA PRA Category 1 Credit(s)™* (Minifellowship) and 6 *AMA PRA Category 1 Credit(s)™* (update). Physicians should claim only credit commensurate with the extent of their participation in the activity.

### Physician Assistants

NCCPA accepts *AMA PRA Category 1 Credit™* from organizations accredited by ACCME.

### Nurses

AKH, Inc., Advancing Knowledge in Healthcare is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

These activities are awarded 16.5 contact hours (Minifellowship) and 6 contact hours (update).

### California Nurses

AKH Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP12070, for 16.5 contact hours (Minifellowship) and 6 contact hours (update).

### Pharmacists



AKH Inc., Advancing Knowledge in Healthcare is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

AKH Inc., Advancing Knowledge in Healthcare, approves the Minifellowship application-based activity for 16.5 contact hours (1.65 CEUs) UAN 0077-9999-17-096-L04-P and the Update knowledge-based activity for 6 contact hours (0.6 CEU) UAN 0077-9999-17-001-L04-P.

### Dietitians



AKH Inc., Advancing Knowledge in Healthcare is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 16.5 continuing professional education units (CPEUs) for completion of the Minifellowship and 6 CPEUs for completion of the Update program/material. CDR Accredited Provider #AN008. The focus of this activity is rated Level 2. Learners may submit evaluations of program/material quality to the CDR at [www.cdrnet.org](http://www.cdrnet.org).

Activity is jointly provided by AKH Inc., Advancing Knowledge in Healthcare and the Gladstone Institute of Cardiovascular Disease.

## LOCATION

The Gladstone Institutes is located at 1650 Owens Street, San Francisco, CA 94158.

## DIRECTIONS AND PARKING

Directions and parking lot location are available on our website at [www.gladstoneinstitutes.org](http://www.gladstoneinstitutes.org). Parking is available for a fee.

## SUGGESTED HOTELS

Hotel fees are the responsibility of the registrant. A special arrangement with hotels has not been established. Please see our website for a list of hotels near the Gladstone Institutes. [www.gladstoneinstitutes.org/u/tbersot/ldtp.html](http://www.gladstoneinstitutes.org/u/tbersot/ldtp.html)

## COMMERCIAL SUPPORT

There is no commercial support for this activity.

## OBJECTIVES

After attending the Lipid Disorders courses, participants will be able to better manage cardiovascular disease risk factors in patients with lipid disorders. Additional objectives for the Minifellowship and Updates can be read on our website.

[www.gladstoneinstitutes.org/u/tbersot/ldtp.html](http://www.gladstoneinstitutes.org/u/tbersot/ldtp.html)



American Heart Association

Gladstone Institute of Cardiovascular Disease

# Lipid Disorder Training 2018

*How to Manage Cardiovascular Disease Risk Factors*

Minifellowship  
October 18–20

Update  
December 1



TARGET AUDIENCE

The Lipid Disorders Courses are educational opportunities designed specifically for cardiologists and other physicians, pharmacists, nurses, dietitians, and other providers who are interested in learning more about managing various lipid disorders.

LECTURERS



**Thomas P. Bersot, MD, PhD**, course director, is an associate investigator at the Gladstone Institute of Cardiovascular Disease, where he conducts research in HDL metabolism. He is a clinical professor of medicine at the University of California, San Francisco (UCSF) and director of the Lipid Clinic at San Francisco General Hospital.



**Mikelle McCoin, MPH, RD**, is a consulting nutrition educator at the Gladstone Institute of Cardiovascular Disease and a lecturer in nutritional sciences and toxicology at the University of California, Berkeley. She counsels patients with dyslipidemia, evaluates research, and teaches on the management of dyslipidemia.

Criteria for Success

Statements of credit will be awarded based on the participant’s attendance and submission of the activity evaluation form. A statement of credit will be available upon completion of an online evaluation/claimed credit form at [www.akhcme.com/gladstone](http://www.akhcme.com/gladstone). You must participate in the entire activity to receive credit. If you have questions about this CME/CE activity, please contact AKH Inc. at [tbrignoni@akhcme.com](mailto:tbrignoni@akhcme.com).

Minifellowships

This two-and-a-half-day course features lectures and case discussions of lipid treatment guidelines, diagnosis of various dyslipidemias, dietary and pharmacologic treatments for lipid disorders, factors influencing treatment, and results of recent clinical trials.

A unique feature of the Minifellowship is a one-day demonstration clinic in which course participants see Gladstone Lipid Clinic patients and analyze their treatment.

**2018 Lipid Disorders Minifellowship**  
October 18–20

AGENDA

**Thursdays 8:00 am–4:30 pm**  
Continental Breakfast and CME Registration  
Structure, Composition, & Metabolism of Plasma Lipoproteins  
Primary Hypercholesterolemia Disorders  
Triglyceride Disorders and Secondary Hyperlipidemia  
The Rationale for Treatment: Epidemiology and Clinical Trials  
*12:00 to 1:00 pm—Lunch (included)*  
Nutrition Recommendations for Dyslipidemia  
Pharmacologic Treatment of Hyperlipidemia and Review of Treatment Guidelines  
Atherogenesis

**Fridays 8:30 am–3:30 pm**  
Continental Breakfast  
Demonstration Clinic  
*12:00 to 1:00 pm—Lunch (included)*  
Basic Dietary Assessment Techniques  
Discussion of Clinic Patients

**Saturdays 8:30 am–noon**  
Continental Breakfast  
Additional Lifestyle Therapies  
Special Populations: Patients with Low HDL Cholesterol Levels, Elderly, and Women  
Case Presentations

**16.5 AMA PRA Category 1 Credits™**

Updates

The one-day Updates are designed for graduates of our basic course and as an advanced lipidology course for cardiologists, endocrinologists, and others experienced in the management of dyslipidemic patients.

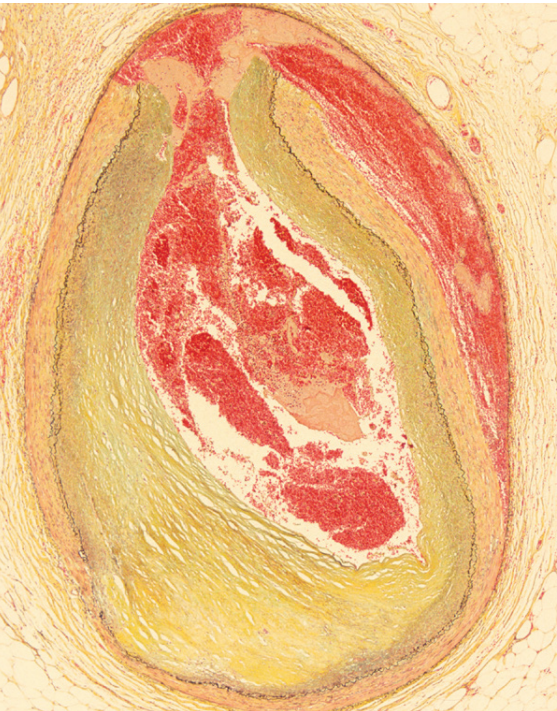
The Updates provide the latest information from clinical and basic research. Specific topics are chosen based on newly available, practical information.

**2018 Lipid Disorders Update**  
December 1

AGENDA

**Saturdays 8:30 am–4:00 pm**  
Continental Breakfast and CME Registration  
Recent Findings in Basic and Clinical Science  
Nutrition Update  
*12:00 to 1:00 pm—Lunch (included)*  
Clinical Trial Review  
Case Discussions

**6 AMA PRA Category 1 Credits™**



REGISTER ONLINE

[www.gladstoneinstitutes.org/u/tbersot/ldtp.html](http://www.gladstoneinstitutes.org/u/tbersot/ldtp.html)

REGISTER BY MAIL

Complete the registration form on the reverse side and return it with payment to:

Gladstone Institutes  
Attention: Lipid Clinic  
1650 Owens Street  
San Francisco, CA 94158

REGISTRATION FEE

Registration fees can be found on the registration form. Make the check or money order payable to the Gladstone Institutes. The registration fee includes all instructional materials, planned group meals, and CME certificate. Hotel accommodations, transportation, and parking fees are the responsibility of the registrant.

FOR MORE INFORMATION

contact the Gladstone Institutes Lipid Clinic at (415) 734-2026.